

No-cook Play dough

Ingredients

- 2 cups plain flour
- 1 cup of salt
- 1 tablespoon cooking oil
- 1 cup cold water
- 2 drops food colouring (optional)

Method

1. Combine plain flour and salt
2. Add water, food colouring and oil. Mix until ingredients are combined
3. Knead well
4. If consistency is too wet add more flour

Note Always use same cup throughout. For larger amounts use a mug.

The play dough will keep well in an air tight container for about a week.



Activities with play dough

Activity Have a competition to see who makes the longest worm from play dough.

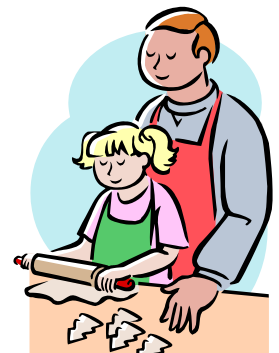
Can your child say which is the longest or shortest, can they put all the worms in length order.

Activity Find a picture of a face and cut out. Use the play dough to change the face's expression, for example from happy to sad or make the face funny by adding more hair, a small nose and big eyebrows.

Ask your child what makes them happy, sad or angry; tell them what makes you happy.

Learning through play

- **Maths** - supporting understanding of: short, medium, long and 1st, 2nd, 3rd.
- **Personal, social and emotional well-being** - talking about our feelings and learning how to express them appropriately.
- **Communication and Language development** - new words used to describe the feel of the play dough. Talking about what you are both doing, developing the skills needed to take part in two-way conversation and listening to others.



For more ideas about play dough play please see a member of the nursery staff.